

Work-Related Injury or Illness?

What do I do if I have a work-related injury or illness?



Accidents and illnesses that may be work related are to be reported to ORAU's onsite occupational health nurse (OHN) as soon as possible to be evaluated. Off site employees should call the OHN (865-241-2124) and report any injuries so that the proper treatment can be arranged. Each state has different laws, which govern work related injuries and illnesses.

What do I do if I work off-site?



What happens after I have reported my work-related injury or illness?



After you report a work-related injury or illness to the OHN, and if you need to see a physician, you will be given a list of approved occupational health care providers. You may choose a doctor from the list to treat your work-related injury or illness. The OHN will complete the referral form and arrange an appointment for you.

What if I need to see a doctor?



What if I need help right away?



Life-threatening injuries or illnesses require **fast action**. Any injuries or illnesses with the following symptoms could be life threatening:

- **heavy bleeding**
- **loss of consciousness**
- **physical distress**

You (or another worker) should:

- **Call 911 or go to nearest hospital emergency room.**
- **Report all accidents or illnesses that happen at work to the OHN and your manager as soon as possible**

For very minor injuries: Report the incident to your supervisor.

Medical Treatment

Who pays for treatment of a work-related injury or illness?

Medical visits and prescription drugs are covered by ORAU's Workers' Compensation provider. **They are not covered by BlueCross/BlueShield.** Ask the doctor to send work-related bills to:

Occupational Health Office
ORAU
P. O. Box 117
Oak Ridge, TN 37830-0117

What do I do about my injury or illness that is not work-related?

- Contact your manager as soon as possible if you are unable to report to work. (If working day shift, by 9:00 am. If working evening or night shifts, by 12:00 pm before shift starts.)
 - You may be eligible for the protection provided by Family and Medical Leave Act (FMLA) if you have a serious condition and will be off work for more than 3 days.
 - You will need a doctor's release to return to work if you:
 - ▶ are absent from work 5 or more consecutive working days
 - ▶ have surgery or are hospitalized (regardless of length of stay)
 - ▶ have work restrictions or on a medication that may interfere with your working safely.
 - Provide the doctor's release to the OHN before returning to your worksite and obtain an authorization from her to give to your manager.
 - If you are off work for more than three days, call the Occupational Health Office for advice regarding FMLA and the return to work process.
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Contact

ORAU's Occupational Health Nurse (OHN) The Occupational Health Office location:

Human Resources Department
Energy Building
120 Badger Avenue
Oak Ridge, TN



Sally Gadola, OHN
865-241-2124
gadolas@orau.gov