

## DEVELOPMENT OF A SMALL INTEGRATED HEAT PUMP (IHP) FOR NET ZERO ENERGY HOMES

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**Abstract:** An integrated heat pump (IHP) prototype was developed and tested over a range of operating modes and conditions. Test data was used to validate a detailed analysis model and the validated analytical tool was used to calculate the yearly performance of air- and ground-source IHP system designs optimized for R-410A in five major US cities. For the air-source IHP version, the simulation results showed ~46-67% energy savings depending upon location. For the ground-source IHP version, the simulation showed over 50% savings in all locations.

**Key Words:** *multi-function heat pumps, system integration, zero energy homes, variable-speed compressors*

### 1 INTRODUCTION

The US Department of Energy's (DOE's) strategic goal in the buildings technology area is to develop zero energy home (ZEH) or net ZEH technology by 2020. A net ZEH is defined as "a home with greatly reduced needs for energy through efficiency gains (60% to 70% less energy use than conventional practice), with the balance of energy needs supplied by renewable technologies." To achieve this goal will require energy service equipment that can meet the space heating and cooling (SH and SC), ventilation (V), water heating (WH), dehumidification (DH), and humidification (H) needs while using 50% less energy than current equipment. One promising approach to meeting this requirement is the "integrated heat pump" (IHP) concept. The energy benefits of an IHP stem from the ability to provide high efficiency water heating from heat pumping and heat recovery. The IHP utilizes source and otherwise wasted sink energy (e.g., using heat rejected by the space cooling operation for water heating) with the same high efficiency components used for space conditioning. In doing so, one can relatively quickly recover the cost of more expensive, more energy efficient components because they serve multiple functions (e.g., a variable speed compressor is used to both provide space conditioning and water heating). An integrated heat pump can be designed to be air-coupled or ground-coupled. Based on a scoping study of a wide variety of possible approaches to meet the energy service needs for a ZEH, DOE selected the IHP concept as the most promising, and is supporting the development of both air-source and ground-source versions (Baxter 2005). This paper summarizes the development of IHP technology aimed primarily at future ZEH applications.

A laboratory prototype was developed and tested over a range of operating modes and conditions. Test data was used to validate a detailed heat pump simulation model. The heat pump model was then linked to TRNSYS, a time-series-dependent simulation model. The experimentally validated analytical tool was used to calculate the yearly performance of IHP system designs optimized for R-410A in five major cities, representing the main climate zones within the United States: Atlanta (mixed-humid), Houston (hot-humid), Phoenix (hot-dry), San Francisco (marine) and Chicago (cold).

## 2 IHP CONCEPT

Net zero energy homes (ZEH) have specific requirements for meeting SC, SH, WH, V, DH, and H loads. First, ZEHs have tighter, more highly insulated house envelopes resulting in reduced sensible SC and SH demands and, therefore, will require smaller equipment capacities than current homes. Second, tighter construction means less natural air infiltration, and forced ventilation will most likely be necessary to meet accepted residential standards for fresh air (ASHRAE Standard 62.2). In locales with high ambient humidity levels this forced ventilation will bring moist outdoor air into the space resulting in increased latent SC requirements relative to the sensible SC need. In turn, this will impose greater dehumidification demand (require a lower sensible heat ratio, SHR) on the cooling equipment. And third, the water heating load, which depends largely on the number of occupants in the dwelling and their washing requirements, remains essentially unchanged. Consequently, the water heating and dehumidification loads tend to become a larger portion of the overall energy service demands of a net ZEH. These requirements suggest that a small capacity integrated load-following system would be an effective way to meet the ZEH energy service needs. Such a system based on the demonstrated high efficiency of vapour compression technology and denoted as the “integrated heat pump” (IHP) here, would provide a single appliance capable of meeting ZEH requirements. As noted the IHP could utilize either outdoor air (air-source) or the earth (ground-source) as the heat source/sink.

The current ground-source IHP system concept is indicated schematically in Fig 1 and incorporates three separate but interactive loops, one refrigerant, one domestic hot water, and one ground heat exchanger (HX with water or an antifreeze/water mixture for cold climates). Major electrical energy-consuming components are one variable speed compressor (C), one variable speed indoor blower (FI), and two pumps—one single speed pump (PI) for the domestic hot water loop and one multiple-speed pump (PO) for the ground HX loop (GC). Four internal HXs are included to meet the space conditioning and water heating loads: one refrigerant-to-air (fan coil, HXRAI), one water-to-air (tempering, HXWA), and two refrigerant-to-water (domestic hot water interface, HXRWI, and ground coil interface, HXRWO). Remaining major components shown include a reversing valve (RV) and refrigerant expansion valve (EV). Separate indoor and outdoor EVs are shown but a single, bi-directional EV could be used as well. Outdoor ventilation air is drawn in through a duct with flow control damper (not shown), mixed with recirculating indoor air, and distributed to the space via the blower, FI. HXWA uses hot water generated by heat recovery in the SC and DH modes and stored in the hot water tank (WT) to temper the circulating air stream, as needed, to meet space neutral temperature requirements. Modulation of compressor speed and indoor fan speed can be used to control both supply air humidity and temperature as required. With this arrangement, water heating and air tempering can be accomplished simultaneously. The air-source IHP concept is similar except the GC loop and PO and HXRWO items are replaced with an outdoor refrigerant-to-air HX and variable speed fan. Murphy, et al. (2007a and 2007b) provides a more complete description of the air-source and ground-source IHP concepts.



**Table 1: Steady-state space cooling performance**

Outdoor DBT (°C)	Outdoor fan airflow (m <sup>3</sup> /s)	Indoor DBT/WB (°C)	Indoor Airflow (m <sup>3</sup> /s)	Compressor speed (Hz)	Cooling capacity (W)	COP (W/W)	SHR
35.0	0.535	26.7/19.4	0.230	79	4363	3.52	0.743
30.6	0.469	26.7/19.4	0.165	58	3147	4.34	0.749
27.8	0.401	26.7/19.4	0.115	36	2115	5.45	0.739
19.4	0.394	26.7/19.4	0.114	36	2185	6.92	0.727
27.8	0.388	26.7/19.4	0.080	36	1961	4.98	0.665

A number of simultaneous space cooling and water heating tests were conducted as well. For these tests, fixed water temperatures into the tank were maintained. The performance of the IHP in this limited test series illustrates the efficiency advantage of recovering normally rejected heat to provide useful water heating, with an overall COP (space cooling and water heating) of almost 10. Test results are shown in Table 2.

**Table 2: Steady-state space cooling + water heating performance**

COP: Space cooling	4.94	5.03	5.05	4.99
COP: Space cooling + water heating	9.45	9.71	9.71	9.62
COP: Water heating	4.52	4.68	4.66	4.63
Heat to water using R-W HX (W)	1603	2914	2784	2851
Cooling to space (W)	2071	3124	3013	3072
Sensible heat ratio (SHR)	0.739	0.732	0.775	0.775
Average tank temperature (°C)	28.8	21.7	21.2	22.0
Average compressor power (W)	372.8	569.4	541.3	558.2
Average pump power (W)	30.4	28.5	30.6	31.0
Average indoor fan power (W)	18.5	26.1	27.3	28.4
Outdoor ambient temperature (°C)	27.8	27.8	30.6	30.6

Dynamic water heating tests (water heated from starting cold condition to fully heated) were conducted as well. One of the major design considerations with the IHP (and with all water-heating heat pumps) is to accomplish water heating using the compressor without exceeding the compressor discharge pressure limits imposed by the manufacturer.

Tests were also run to examine the dehumidification performance of the IHP. In this mode the IHP dehumidifies the return indoor air then reheats the air by passing hot water from the water tank through the reheat coil (the HXWA item in Figure 1). The design point is that with 49 °C inlet water to the reheat coil, air leaving the indoor coil would be heated to the same temperature as the indoor space air.

## 4 PERFORMANCE ANALYSIS

### 4.1 Annual IHP performance simulation approach

The lab prototype IHP performance data were used to calibrate the predictions of a detailed heat pump steady-state simulation model (Rice and Jackson 2002). The measured refrigerant and indoor air flows were used with a data reduction program to calculate the delivered capacities of system HXs, the heat losses or gains as well as pressure losses in the connecting lines, and to deduce the airflows across the outdoor coil at various fan speeds from the condenser energy balance. The performance map for the lab prototype compressor at nominal rated speed (58 Hz) was adjusted for the effects of inverter efficiency, and lower or higher speeds based on the measured power and mass flow data. This adjusted compressor map was input to the heat pump model and initial predictions of the lab tests

conducted. Heat pump model predictions were compared to the actual lab results and, through an iterative process, the predictions were calibrated to the range of space cooling and water heating tests performed.

Using the calibrated heat pump model, IHP design optimization and control assessments were conducted to establish target optimized compressor and fan speed control relationships based on the laboratory R-22 compressor, air-moving, and heat exchanger components. Subsequently a suitable compressor map for a state-of-the-art R-410A variable-speed rotary compressor was obtained and input to the calibrated heat pump model. Revised target performance ranges were then established for both the air-source and ground-source IHPs using this preferred HFC refrigerant R-410A.

The calibrated heat pump model was then linked to a sub-hourly dynamic analysis code to estimate the IHP annual energy use in a net ZEH for a range of climates representative of most US locations. A sub-hourly analysis tool was needed to most accurately account for the competing IHP operating modes, and representative inlet conditions that will be seen simultaneously by the system HXs while heating water. This was accomplished linking the heat pump model to the TRNSYS platform (Solar Energy Laboratory, et al 2006). An extensive effort was undertaken to couple the two codes so that the outputs of TRNSYS from modelling the time-dependent ZEH indoor space and water heater conditions would become inputs to the heat pump model. In turn, output conditions of the indoor air and water leaving the equipment heat exchangers from the heat pump model are coupled back to the TRNSYS house and water heater modules to update their operating states. Further details of the house and controls modelling and the TRNSYS linkage approach are described by Murphy et al (2007a and 2007b).

## 4.2 Annual performance results

Descriptions of the IHP systems and baseline system evaluated are given in the following sections. Control set points used for the analyses and analyses results are also provided.

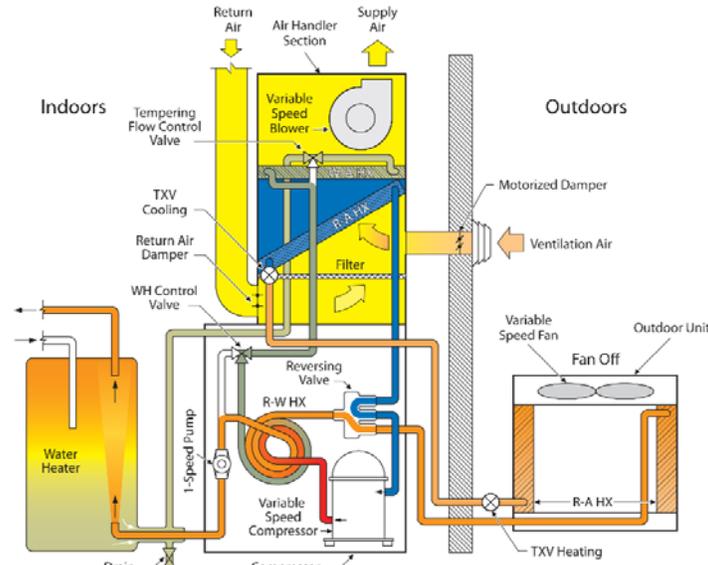
### 4.2.1 Baseline HVAC/WH system

A standard split-system air-to-air heat pump with USDOE-minimum required efficiency (SEER 13 and HSPF 7.7 – cooling and heating seasonal performance factors of 3.8 and 2.26, respectively) provides space heating and cooling under control of a central thermostat that senses indoor space temperature. It also provides dehumidification (DH) when operating in space cooling mode but does not separately control space humidity. A standard 0.189 m<sup>3</sup> electric storage water heater (WH) with USDOE minimum mandated energy factor (EF=0.90) provides domestic hot water needs. Ventilation (V) to meet the requirements of ASHRAE Standard 62.2-2004 (ASHRAE 2004) is provided using a central exhaust fan. A separate stand-alone dehumidifier (DH) is used to meet dehumidification needs during times when the central heat pump is not running to provide space cooling. A DH efficiency or energy factor (EF<sub>d</sub>) of 1.4 L/kWh (0.0014 m<sup>3</sup>/kWh) was used based on the USDOE proposed minimum requirement for 2012. A whole-house humidifier (H) accessory was included with the heat pump to maintain a minimum 30% relative humidity (RH) during the winter.

Baseline system control set points used in the TRNSYS simulation were as follows – 21.7°C ±1.4°C and 24.4°C ±1.4°C for first stage space heating and cooling, respectively; 18.9°C ±1.1°C for second stage space heating (electric back up heater); 48.9°C ±2.8°C for WH; 55% RH ±4% for DH; and 34% RH ±4% for H.

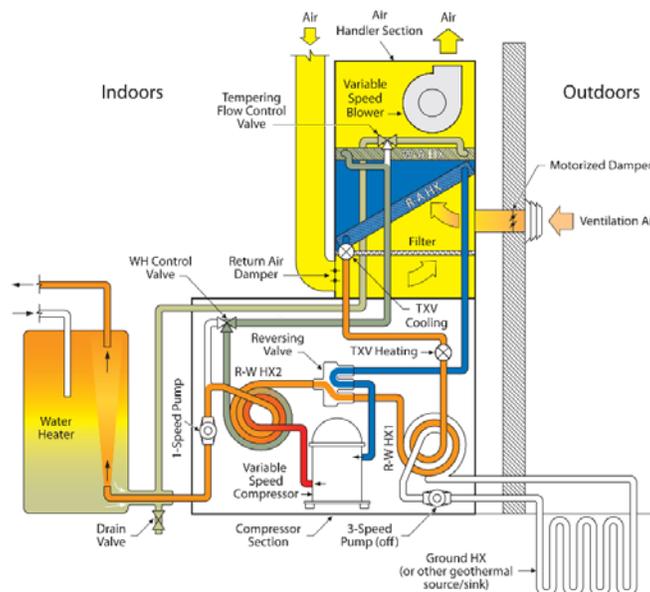
### 4.2.2 Air- and ground-source IHPs

The air-source IHP, illustrated in Figure 3, uses one variable-speed (VS) modulating compressor, two VS fans, a single-speed pump, and a total of four HXs (two air-to-refrigerant, one water-to-refrigerant, and one air-to-water) to meet all the house energy service loads. A WH tank (same size as for baseline) is included for hot water storage. The same type humidifier as used for the baseline system heat pump was included with the IHP as well. Ventilation (V) air enters the IHP air handler via a modulating damper as shown.



**Figure 3: Air-source IHP - dedicated dehumidification and water heating mode shown**

The ground-source IHP, illustrated in Figure 4, uses the same set of components as the air-source version with the outdoor section (outdoor air HX and fan) replaced with a multiple-speed pump and ground HX.



**Figure 4: Ground-source IHP - dedicated dehumidification and water heating mode shown**

The set points for 1<sup>st</sup> and 2<sup>nd</sup> stage space heating, space cooling, DH, and H as used for the baseline were also used for the IHPs. For WH, the 1<sup>st</sup> stage (IHP water heating) set point was  $46.1^{\circ}\text{C} \pm 2.8^{\circ}\text{C}$  with a 2<sup>nd</sup> stage set point of  $41.9^{\circ}\text{C} \pm 1.4^{\circ}\text{C}$  to control an electric

resistance back up heating element in the upper portion of the WH tank. The 2<sup>nd</sup> stage WH set point was intentionally set lower than the 1<sup>st</sup> stage set point to maximize the amount of water heating supplied by the IHP.

#### 4.2.3 Analysis results – energy savings and estimated payback vs. baseline

The TRNSYS/heat pump model was used to calculate estimates of annual performance (using 3-minute time steps) for all three systems described above. Table 3 provides summary results for the baseline HVAC system for the net ZEH. Tables 4 and 5 provide results for the air-source and ground-source IHPs, respectively, including hourly peak kW demand for winter and summer (W/S). For the air-source IHP, the simulation results show ~46-67% energy savings vs. the baseline depending upon location. For the ground-source IHP, the simulation shows over 50% savings in all locations - ~52-65% range. Maximum peaks occurred in the winter and generally during the 6-8 am time frame (roughly coincident with winter utility peak periods). The water use schedule assumed for the analysis included a significant draw during that time of day for morning showers making electric back up element activity likely (adding to back up electric space heating in the colder locales). Maximum summer peaks are somewhat lower and generally occurred during the 6-8 am time period as well for the same reason. Summer hourly peaks during the noon-7pm time period (roughly coincident with summer system peak period of most US utilities) were ~1.6-2.4 kW for the baseline system vs. ~0.8-1.7 kW for the AS-IHP and ~0.6-1.2 kW for the GS-IHP.

**Table 3: Annual site HVAC/WH system energy use and peak for 167-m<sup>2</sup> ZEH house with Baseline system**

Location	Heat pump cooling capacity (kW)	HVAC site energy use, kWh	HVAC hourly peak kW demand (W/S/SA)*
Atlanta	4.40	7230	8.6/4.6/2.1
Houston	4.40	7380	6.1/4.4/2.2
Phoenix	5.28	6518	6.1/3.9/2.1
San Francisco	3.52	4968	5.7/5.6/1.6
Chicago	4.40	10773	9.7/6.1/2.4

\* W – winter maximum; S – summer maximum; SA – summer mid-afternoon (Tables 3-5)

**Table 4: Estimated annual site HVAC/WH system energy use and peak for 167-m<sup>2</sup> ZEH with air-source IHP**

Location	Heat pump cooling capacity (kW)	HVAC site energy use, kWh	HVAC hourly peak kW demand (W/S/SA)*	% energy savings vs. Baseline HVAC
Atlanta	4.40	3349	2.2/1.5/1.2	53.7
Houston	4.40	3418	1.9/1.1/1.1	53.7
Phoenix	5.28	3361	2.1/1.7/1.7	48.4
San Francisco	3.52	1629	1.8/1.6/0.8	67.2
Chicago	4.40	5865	7.3/1.6/1.0	45.6

**Table 5: Estimated annual site HVAC/WH system energy use and peak for 167-m<sup>2</sup> ZEH with ground-source IHP**

Location	Heat pump cooling capacity (kW)	HVAC site energy use, kWh	HVAC hourly peak kW demand (W/S/SA)*	% energy savings vs. Baseline HVAC
Atlanta	4.40	3007	2.0/1.1/1.0	58.4
Houston	4.40	3290	1.8/1.1/1.0	55.4
Phoenix	5.28	2909	1.7/1.2/1.2	55.4
San Francisco	3.52	1699	1.8/1.6/0.6	65.8
Chicago	4.40	5126	6.9/1.7/0.8	52.4

Along with the performance analyses above, a preliminary assessment of the system costs and payback for the IHPs vs. the baseline has been completed as well. Murphy, et al. (2007b) provides full details of the cost estimation. A summary of the cost study is given below. Table 6 provides the baseline system costs. Table 7 provides the estimated cost for the air-source IHP along with its energy cost savings and estimated simple payback of 5-10 years vs. the baseline. For the ground-source IHP a vertical bore ground HX (GHX) configuration was assumed. Installed cost in 2006US\$ of the GHX (including connection to the IHP package) was estimated at ~\$16.40/m (\$5/ft) of bore. Table 8 gives the estimated bore lengths for a vertical GHX in each of the five cities as derived from long-term sizing runs using the TRNSYS/HPDM model. Sizing was based on limiting the long-term entering water temperature (EWT) to the IHP from the GHX to a maximum of 35°C during cooling operation in all cities. For heating operation, the long-term minimum EWT criteria was 5.6°C (using water as the GHX fluid) for all cities except in Chicago where the minimum EWT criteria was -1.1°C (using a 20% propylene glycol brine solution). Cost estimates for the ground-source IHP in each city are given in Table 9. Energy cost savings and estimated simple paybacks – 6.5-14 years - vs. the baseline are included. The cost savings for each city were calculated based on 2006 electricity prices - \$0.0872/kWh for Atlanta, \$0.108/kWh for Houston, \$0.0896/kWh for Phoenix, \$0.1196/kWh for San Francisco, and \$0.0844/kWh for Chicago.

**Table 6: Estimated installed costs of baseline HVAC/WH system (2006 US dollars)**

City	Heat pump cooling capacity (kW)	Heat pump cost	DH cost	WH cost	V cost	H cost	Total cost
Atlanta	4.40	\$3985-4590	\$415	\$503	\$305	\$200	\$5408-6013
Houston	4.40	\$3985-4590	\$415	\$503	\$305	\$200	\$5408-6013
Phoenix	5.28	\$3995-4628	\$415	\$503	\$305	\$200	\$5418-6051
San Francisco	3.52	\$3974-4578	\$415	\$503	\$305	\$200	\$5397-6001
Chicago	4.40	\$3985-4590	\$415	\$503	\$305	\$200	\$5408-6013

**Table 7: Estimated installed costs and payback for air-source IHP (2006 US dollars)**

City	Heat pump cooling capacity (kW)	Total cost		Premium over baseline system		Energy cost savings per year	Simple payback over baseline system, years	
		low	high	low	high		low	high
Atlanta	4.40	\$7,582	\$8,786	\$2,174	\$2,773	\$338	6.4	8.2
Houston	4.40	\$7,582	\$8,786	\$2,174	\$2,773	\$428	5.1	6.5
Phoenix	5.28	\$7,596	\$8,862	\$2,178	\$2,811	\$283	7.7	9.9
San Francisco	3.52	\$7,568	\$8,762	\$2,171	\$2,761	\$399	5.4	6.9
Chicago	4.40	\$7,582	\$8,786	\$2,174	\$2,773	\$414	5.2	6.7

**Table 8: Estimated total bore lengths and installed costs for vertical GHXs (2006 US dollars)**

City	Total bore length, m	Installed cost
Atlanta	110	\$1800
Houston	110	\$1800
Phoenix	154	\$2525
San Francisco	110	\$1800
Chicago	100	\$1640

**Table 9: Estimated installed costs and payback for ground-source IHP (2006 US dollars)**

City	Heat pump cooling capacity (kW)	Total cost		Premium over baseline system		Energy cost savings per year	Simple payback over baseline system, years	
		low	high	Low	high		low	high
Atlanta	4.40	\$8,671	\$9,748	\$3,263	\$3,735	\$368	8.9	10.1
Houston	4.40	\$8,671	\$9,748	\$3,263	\$3,735	\$442	7.4	8.5
Phoenix	5.28	\$9,410	\$10,549	\$3,992	\$4,498	\$323	12.3	13.9
San Francisco	3.52	\$8,657	\$9,724	\$3,260	\$3,723	\$391	8.3	9.5
Chicago	4.40	\$8,511	\$9,588	\$3,103	\$3,575	\$477	6.5	7.5

## 5 CONCLUSIONS

The following specific conclusions are highlighted.

1. The air-source IHP system (using R410A) simulation results showed ~46-67% energy savings vs. the baseline system depending upon location. The lowest savings were for the Chicago location. In Chicago energy service loads are dominated by space and water heating requirements and the air-source IHP heating efficiency suffers during the extremely low ambient temperature conditions encountered. Similarly, the space cooling efficiency of the current R-410A air-source design is not quite high enough at the extremely high ambient temperatures experienced in Phoenix to enable the IHP to achieve 50% annual savings.
2. For the ground-source IHP version (also using R-410A), the simulation showed over 50% savings vs. the baseline system in all locations - ~52-65% range.
3. Initial cost analyses (based on 2006 equipment costs and electricity prices) yielded estimated simple paybacks of the IHP systems vs. a baseline HVAC/WH/DH/H system *in a net ZEH* - about 5 to 10 years for the air-source IHP and 6.5 to 14 years for the ground-source IHP (with vertical bore ground HX).

As noted, all R&D conducted thus far for the IHP has been aimed at the net ZEH application which presently constitutes an essentially non-existent portion of the US housing market. There are, however, certain portions of the current housing mix that might provide a nearer-term market to induce manufacturers to produce such innovative advanced equipment, especially for those consumers who desire to be the first to own the latest in energy-efficient or "green" systems. These include multiple-story houses with independent small heat pumps for each floor, relatively small attached or condominium-style housing units, etc. Working in the future with manufacturing partners to develop IHP-like systems targeted to these market segments is planned.

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